

SEATTLE CRANKSGIVING 2021

The following items were requested by Rainier Valley Food Bank. On your own time, pick up as many of them as you are able to donate. Then bike them to Bike Works (3709 S Ferdinand St) at **11 a.m. November 20**. There are no points or prizes this year.

We will collect the donated items at the start, then join Bike Works for a no-drop community bike ride to celebrate Major Taylor's birthday. Ride leaves at noon. Please see Seattle Bike Blog for details on how to register.

ITEMS TO GET

Hearty greens (bok choy, kale, etc)	Hearty soup or stew
Cooking oil	Canned vegetables or fruits
Potatoes	Injera bread or flour
Squash (any edible variety)	Canned beans
Onion	Peanut butter
Garlic	Rice noodles
Fresh fruit (any kind)	Oatmeal
Cranberry sauce	Dried fruits
Bottle of soy or fish sauce	Infant formula
Bread	Feminine hygiene products
Canned chicken, salmon or SPAM	Diapers (size 4 or higher)
	Your favorite foods missing from this list

GROCERY SELLERS (Try somewhere new to you!)

PCC Columbia City (Rainier/S Edmunds)
Central Co-op (16th Ave E/Madison)
Big John's PFI (Rainier/Dearborn)
Grocery Outlet (MLK/Union)
Pike Place Market (any vendor)
Mekong Rainier (Rainier/S Walden)
Hau Hau Market (12th/King)
Vientiane Asian Grocery (MLK/Graham)
Vegetable Bin (MLK/Henderson)